

Food Products-Health

CALIFORNIA HEALTH FOOD SERVICE
Formerly
PLEINER'S HEALTH FOOD STORE
WHOLE GRAIN BREADS AND COOKIES
A FULL LINE OF PURE BODY-
BUILDING HEALTH FOODS
A Complete Stock of Diabetic and
Reducing Foods
HEALTH COCKTAIL BAR
VEGETABLE & FRUIT JUICES
Complete Line of Tropical & Domestic
Fruit Juices
Nr. Cor. Market & G. Gate Av.
1014 Market. MA rket-6347

Golden Crescent Health Food Co
Special Foods & Bread For Diabetics
1640 Polk. OR dway-4825
HEALTH FOODS INC 30 Geary. EX brook-6906
Milk Minerals Company Inc 962 Battery. GA rfd-2940
MISSION HEALTH FOOD STORE
In New Mission Market
2584 Mission. VA lencia-8047
Modern Health Food Store 1034 Mt. HE mlock-4541
Rosenberg Morris Original Health Food Store
1120 Market. MA rket-3033
(See Advertisement Preceding Page)

RUTH'S HEALTH FOOD STORES
Scientific Health Restaurant and Bakery
TRY OUR FOODS THAT
BUILD VIGOROUS
HEALTHY BODIES
We Serve Daily
Fresh Fruit and Vegetable Juices
333 Sutter. EX brook-9911

SAN FRANCISCO HEALTH FOOD STORE
415 Sutter. EX brook-8477
Sunshine Health Food Store
1345 Fillmore. FI Imor-8433
Ward's Health Food Store 2075 Chstn. WA Imut-9716

Food Products-Health,
Manufacturing

RADCLIFFE SOYA PRODUCTS
146 Fillmore. HE mlock-5571

Food Products-Manufacturing

Pacific Food Products Co Inc
Gilt Edge Acme & Shasta Brands
655 Battery. DO uglas-5780

Foot Correction

NISS DR CLASSIFIED SHOES & FOOT CLINIC
517 Sutter. EX brook-0523
Wagener Frank M 830 Market. GA rfd-5113

Foot Treatment

Brown-Vaughan Walter E Dr DSC
Hours 9 to 6 & By Appointment
1109 Market. MA rket-2573
De Lancy Herbert B 410 Mason. SU tter-5564
Fogarty Joseph 1095 Market. MA rket-3480
Gillberg Institute 693 Sutter. OR dway-3243
NISS DR CLASSIFIED SHOES & FOOT CLINIC
517 Sutter. EX brook-0523

INSTITUTE OF POSTURAL MECHANICS INC
DOWNING OSTEOPATHIC GROUP
OSTEOPATHIC
CORRECTION
OF
POSTURE AND FEET
693 Sutter. TU xedo-4211
Day & Night Call. TU xedo-4211

Kanter D 450 Sutter. DO uglas-5750
Ryberg Harry L 133 Geary. DO uglas-2281
Sass Earl DSC
Liberty Bldg Cor Mason Hrs 9-5:30
8th Floor Over Day & Night Bank
948 Market. DO uglas-5285
Sass Maurice DSC
Liberty Bldg Cor Mason Hrs 9-5:30
8th Floor Over Day & Night Bank
948 Market. DO uglas-5285

Ford Cars, Trucks and Service

-Look on "A" pages under
"Automobile Dealers-New Cars"

A bedside extension telephone places
protection, privacy, and comfort within
reach of your hand.

Forgings.

Amer Forge Co Berkeley
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10900
(No Inter-City Charge)
Erie Forge & Steel Co 75 Fremont. GA rfd-8045
Gardner Mfg Co 2707 Union Oakland
Call "Operator" for. HI gate-1744
GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)
Harrisburg Steel Corp Mer Exch Bldg. YU kon-1245
Hawley Forge & Mfg Co 5 Zeno Pl. SU tter-8240
Heppenstall Co Rialto Bldg. EX brook-7018
Midvale Co The 2929-19th. VA lencia-8242
Taylor Forge & Pipe Works
17th&Connecticut. MA rket-3463

Forgings-Drop

American Forge Co Berkeley
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10900
(No Inter-City Charge)
GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)
James Chas S Co
Ladish Drop Forge Co
525 Market. SU tter-3277
Kortick Manufacturing Co 335-1st. GA rfd-8080
Payne's Bolt Works 201 Main. SU tter-8200

Forgings-Press

GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)

Forgings-Steel

HAWLEY FORGE & MFG CO 5 Zeno Pl. SU tter-8240
Kortick Manufacturing Co 335-1st. GA rfd-8080

Forwarding Freight
-See Freight Forwarding

Foundries.

ACME BRASS FOUNDRY 248 Tehama. YU kon-0428
Ajax Foundry Co 25 Phelps. VA lencia-6124
Amer Aluminum Foundry Co 776 Bryant. SU tter-5116
APEX BRONZE FOUNDRY 3037 Adine Oakland
Call "Operator" for. HU mbolt-4500
Axford Bros Foundry 557 Treat. VA lencia-1771
Crucible Brass Foundry 1500-7th. MA rket-6356
De Rome's L Foundry. See Oakland
Dyer Foster G Brass Foundry & Machine Works
766 Folsom. SU tter-2110
Electric Steel Foundry Co 699-2nd. EX brook-5325
ENTERPRISE FOUNDRY CO
2902-19th. MI ssn-0862
South S F Branch South S F. RA ndiph-7930
From telephones served from East Bay Zone only
Call or Dial "Operator" for. Entprise-10827
(No Inter-City Charge)
Excelsior Brass Works 56 Sheridan. UN drhil-3706
Folsom Street Brass Bronze & Aluminum Foundry
2269 Folsom. VA lencia-6831
General Alloys Company 976 Clayton. OV erland-3812
GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)
KINGWELL BROS
Brass Bronze & Aluminum Castings
444 Natoma. SU tter-0514
Liberty Brass & Bronze Foundry
26 Sherman. UN drhil-7671
LINCOLN IRON FOUNDRY
1000-25th. VA lencia-6106
Mission Fndry & Stove Wks 557 Treat. VA lencia-1771
Pac Brass Foundry of S F 251-2nd. SU tter-1761
PAC FOUNDRY CO LTD 3100-19th. MI ssn-1104
Pac Steel Casting Co 1316-2nd Berkeley
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10983
(No Inter-City Charge)
Rincon Foundry Co 349-7th. MA rket-5850
Rincon Iron & Brass Foundry Co
349-7th. MA rket-5850
S F Brass Foundry 25 Tehama. EX brook-2623
SAN FRANCISCO STOVE WORKS
260 Townsend. DO uglas-1175
Seath E G Company Inc 384-7th. MA rket-5084
Star Brass Foundry 1890-16th. HE mlock-9837
Terminal Brass & Aluminum Foundry
267 Clementina. SU tter-6279
U S Cast Iron Pipe & Foundry Co
Monadnock Bldg. GA rfd-5140
Utility Electric Steel Foundry
Rialto Bldg. EX brook-7018

Foundries-Aluminum

Aluminum Co of America Rialto Bldg DO uglas-1970
American Aluminum Foundry Co
776 Bryant SU tter-5116
Folsom Street Brass Bronze & Aluminum Foundry
2269 Folsom VA lencia-6831
Terminal Brass & Aluminum Foundry
267 Clementina. SU tter-6279

Foundries-Brass

ACME BRASS FOUNDRY 248 Tehama. YU kon-0428
AMERICAN BRASS & BRONZE WORKS
Manufacturers of
BUILDERS' HARDWARE
Superior Brass, Bronze and
Aluminum Castings
Off Harrison, Near 10th
124 Juniper. UN drhil-2289

Dyer Foster G Brass Foundry & Machine Works
766 Folsom. SU tter-2110
ENTERPRISE FOUNDRY CO
2902-19th. MI ssn-0862
EXCELSIOR BRASS WORKS
Brass Bronze & Aluminum Castings
56 Sheridan. UN drhil-3706
Folsom Street Brass Bronze & Aluminum Foundry
2269 Folsom. VA lencia-6831
GREENBERG'S M SONS BRASS
FOUNDRY & MACHINE WORKS
765 Folsom. EX brook-3144
KRENZ OSCAR COPPER & BRASS WORKS INC
612 Bryant. GA rfd-0664

PACIFIC BRASS FOUNDRY OF
SAN FRANCISCO
Established 1888
MONEL Castings
EVERDUR Castings
ALUMINUM - Brass - Bronze
We Cater to Special Alloys
50 Years of Foundry Experience
251-2nd. SU tter-1761

S F BRASS FOUNDRY 25 Tehama. EX brook-2623
Seath E G Company Inc 384-7th. MA rket-5084
Terminal Brass & Aluminum Foundry
267 Clementina. SU tter-6279

Foundries-Bronze

Folsom Street Brass Bronze & Aluminum Foundry
2269 Folsom. VA lencia-6831
Terminal Brass & Aluminum Foundry
White Bronze
267 Clementina. SU tter-6279

Foundries-Iron, Gray

Ajax Foundry Co 25 Phelps. VA lencia-6124
ENTERPRISE FOUNDRY CO
2902-19th. MI ssn-0862
GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)
Joshua Hendy Iron Works 206 Sansm. DO uglas-1182

Foundries-Iron, Malleable

GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)

Foundries-Stainless Steel

Electric Steel Foundry Co 699-2nd. EX brook-5325
General Alloys Co 976 Clayton. OV erland-3812
Midvale Co The 2929-19th. VA lencia-8242
Utility Electric Steel Foundry
Rialto Bldg. EX brook-7018

Foundries-Steel

Electric Steel Foundry Co 699-2nd. EX brook-5325
ENTERPRISE FOUNDRY CO
2902-19th. MI ssn-0862
GENERAL METALS CORPORATION
701-105th Av Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10961
(No Inter-City Charge)
Pacific Steel Casting Co 1316-2nd Berkeley
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10983
(No Inter-City Charge)
Utility Electric Steel Foundry
Rialto Bldg. EX brook-7018

Buy by telephone.

Foundry Equipment Manufac-
turing

Briggs W J 685 Florida. AT water-2332

Foundry Equipment-Wholesale

Bulotti C F Machinery Co 829 Folsom. SU tter-1006

Foundry Supplies.

Briggs W J 685 Florida. AT water-2332
Donaldson H C Co Inc 116 New Mtgy. GA rfd-2679
Electro Refractories & Alloys Corporation
280 Battery. GA rfd-2950
PACIFIC GRAPHITE WORKS
40th & Linden Oakland
Call "Operator" for. PI edmt-3300
Quand Chemical Co 374 Guerrero. MA rket-1711
Snow & Galgiani 537-2nd. SU tter-1114

Fountain Pens.

Artcraft Pen Co 691 Market. DO uglas-7876
EASTMAN KODAK STORES INC
216 Post. SU tter-5645
Eversharp Inc 153 Kearny. DO uglas-1485
Fount-O-Ink Co Agency 420 Market. GA rfd-7636

MCCOY'S PEN-PENCIL SERVICE
FOUNTAIN PENS
REPAIRING
GREETING CARDS
145 Kearny. DO uglas-4950

PARKER PEN CO
4th Floor
220 Post. SU tter-4809
Pechtel's Sporting Goods Shop
217 Kearny. SU tter-2622
Schwabacher-Frey Co 735 Market. DO uglas-4848
Sheaffer W A Pen Co 681 Market. GA rfd-2520
Waterman L E Co 609 Market. GA rfd-6474
WATERMAN'S IDEAL FOUNTAIN PENS-
WATERMAN L E CO 609 Market. GA rfd-6474

Fountain Pens-Manufacturing

EVERSHARP INC
Eversharp Pens & Pencils
153 Kearny. DO uglas-1485
PARKER PEN CO
4th Floor
220 Post. SU tter-4809
SHEAFFER W A PEN CO 681 Market. GA rfd-2520
WATERMAN'S IDEAL FOUNTAIN PENS-
WATERMAN L E CO 609 Market. GA rfd-6474

Fountain Pens-Repairing

Schwabacher-Frey Co 735 Market. DO uglas-4848

Fountains-Soda

-See Soda Fountains

Fraser Gas Furnaces

-Look on "F" pages under "Furnaces"

Fraternities.

Phi Delta Chi 1500-7th Av. MO ntrose-9748

Freight Forwarding.

ACME FAST FREIGHT INC
244 California. EX brook-4353
Associated Warehouses Inc 201 Calif. DO uglas-1760
ATLAS FREIGHT INC 244 Calif. EX brook-4353
BANNER PACKAGE SERVICE
681 Market. SU tter-5171
Bekins Van & Storage Co 13th&Msn. MA rket-3520
Byrnes W J & Co 409 Washington. GA rfd-2050
CALIFORNIA CARLOADING INC
681 Market. SU tter-5171
Calif Freight Forwarders 625 Brannan. GA rfd-8454
California Truck Lines 345 Brannan. GA rfd-0194
Circle Truck Co 246 Ritch. GA rfd-6757
Consolidated Freightways 140 Bluxome. EX brook-5221
Conyes Freight Lines 572-7th. UN drhil-8400
Dow Frank P Co Inc 510 Battery. SU tter-3493
Economy Express Service 240 Beale. GA rfd-5841
FARNSWORTH & RUGGLES
1st&Brannan. EX brook-5270
Flynn Forwarding Co 260 California. GA rfd-1900
Freightways 140 Bluxome. EX brook-5221
Garrett Freightways 140 Bluxome. EX brook-5221
Gittings H F Jr 417 Market. SU tter-2406
Golden Gate Forwarding Co
173 Jefferson. OR dway-2834

Freight Forwarding-(Cont'd)

Greyhound Express & Storage Co
568 Eddy. OR dway-3034
Harper F F G Co 510 Battery. DO uglas-5930
HARPER ROBINSON & CO
510 Battery. DO uglas-5930
Hawaiian Express Co Pier 5. GA rfd-2377
From telephones served from East Bay Zone only
Call or Dial "Operator" for. Entprise-10361
(No Inter-City Charge)
Holloway's Vallejo Express Co Pier 5. DO uglas-7796
Independent Freight Lines Inc
37 Hawthorne. GA rfd-8872
INTERNATIONAL CARLOADING CO INC
681 Market. SU tter-5171
INTERNATIONAL FORWARDING CO
681 Market. SU tter-5171
From telephones served from East Bay Zone only
Call or Dial "Operator" for. Entprise-10382
(No Inter-City Charge)
Inter-State Motor Lines 140 Bluxome. EX brook-5221
JUDSON FREIGHT FORWARDING CO-DIVN
OF NATIONAL CARLOADING CORP
1301-4th. GA rfd-6279
Kellogg Express & Draying Co
279 Spear. DO uglas-3800
Lawrence H W & Co 260 California. GA rfd-1900
Manlowe Transfer & Distributing Co
370-2nd. GA rfd-2950
McCarthy John & Son 300 California. EX brook-2776
Merchant Shippers Association
620-7th. HE mlock-0656
Moser Transportation Co 42 Ringold. MA rket-8758
Napa Express Co Pier 5. GA rfd-2377
NATIONAL CARLOADING CORP
1301-4th. GA rfd-6279
Nevada California Fast Freight
675 Brannan. EX brook-6502
Northwest Forwarders Co
176 Townsend. DO uglas-4470
OVERLAND FREIGHT TRANSFER CO
201 California. DO uglas-1760
OVERLAND PACKAGE FREIGHT SERVICE
850-3rd. SU tter-4653
Pac-Atlantic Shippers Assn Inc
300 California. EX brook-2776
Pac Consolidators Inc 417 Market. SU tter-2406
From telephones served from East Bay Zone only
Call or Dial "Operator" for. Entprise-10338
(No Inter-City Charge)
Pac Pool Car Service 701-1st Oakland
From telephones served from S F Zone only
Call or Dial "Operator" for. Entprise-10864
(No Inter-City Charge)
Pac States Forwarders 420 Market. SU tter-5992
Package Service-Bureau
Southern Pacific Sheds. EX brook-8910
Patterson Shipping Co FinancCentrBg. DO uglas-2653
Pioneer Carloading Co 605-3rd. EX brook-5562
From telephones served from East Bay Zone only
Call or Dial "Operator" for. Entprise-10389
(No Inter-City Charge)
Plant Transportation Systems 41-9th. HE mlock-9450
Red Line Transfer Co 625 Brannan. GA rfd-8454
Republic Carloading & Distr Co
681 Market. YU kon-0611
Richmond Navigation & Imp Co Pier 7. DO uglas-5352
Salinas Valley Freight Line Pier 7. GA rfd-4183
Seyler Cecil A 268 Market. EX brook-7471
Shippers Service Assn 580 Market. GA rfd-5668
Snowden Transportation 246 Ritch. EX brook-0824
Snowden Transportation 246 Ritch. SU tter-2317
Sonoma Express Co Pier 5. GA rfd-2377
Stordor Forwarding Co 190 Lombard. GA rfd-2935
Stordor Forwarding Company 620-7th. HE mlock-8401
TRANSCONTINENTAL FREIGHT CO
850-3rd. SU tter-4740
Trans-Seas Shipping Co 625-3rd. SU tter-3461
United Forwarders 1610 Harrison. MA rket-7048
United Forwarders 1610 Harrison. MA rket-7179
UNIVERSAL CARLOADING & DISTRIBUTING
CO 850-3rd. SU tter-4740
UNIVERSAL TRANSCONTINENTAL FREIGHT
SERVICE 850-3rd. SU tter-4740
Valley Express Co 595-4th. SU tter-0151
Valley Motor Lines Inc 595-4th. SU tter-0151
Wells Fargo & Co 681 Market. GA rfd-2764
Western Freight Association 201 Calif. DO uglas-1760
Western Freight Assn. 1077 Howard. MA rket-2717
Western Marine Express Inc 108 Bryant. EX brook-1530
Western Marine Express Inc 417 Market. SU tter-2406
Western States Express 175 Shipley. DO uglas-0841
Western Transportation Co 1077 Howard. MA rket-2717

Frigidaire Air Conditioning

-Look on "A" pages under
"Air Conditioning Equipment"

Frigidaire Electric Ranges

-Look on "S" pages under
"Stoves-Electric Ranges"

Frigidaire Refrigeration

Equipment
-Look on "R" pages under
"Refrigeration Equipment-Commercial"

Frigidaire Refrigerators

-Look on "R" pages under
"Refrigerators-Electric"

Fringe

California Fringe Co 788 Mission. DO uglas-6071
Meyer Kenneth Co 560 Presidio Av. FI Imor-0761

Frogs

Marcuse S C & Co 24 Washington. EX brook-4680

Frozen Foods

ALBRIGHT METAL PRODUCTS CO
Manufacturers Frozen Food Cabinets
145 Otis. HE mlock-5645
Bentley Brokerage Co 330 Ritch. EX brook-8506
BIRDS EYE FROSTED FOODS-
GOLDEN STATE COMPANY LTD
425 Battery. EX brook-5121
Duncan Nicol Ltd 400 Jackson. GA rfd-0655
FROSTKRAFT FROZEN FOODS-
FROSTKRAFT PACKING CORP
C J Collins-Mgr
185 Lombard. GA rfd-2785
Le Baron Clyde L 16 California. YU kon-1204
McClallen Don
Distr Fresh Frozen Foods
223 Front. SU tter-2420
Z-RO FROZEN FOOD CABINETS-
CALIF BODY & CABINET MFGRS LTD
180-12th. UN drhil-0900

Fruehauf Trailers

-Look on "T" pages under
"Trailers-Commercial"

Fruit Juices

AGE FRUIT JUICE CO
R. C. Hancock
ORANGE and GRAPEFRUIT
JUICES CHILLED AND FROZEN
UNDER AGITATION
FRUIT PUNCHES and JUICES
SYRUPS - COCKTAILS
LEMON JUICE AND LIMES
Day & Night
1152 Valencia. MI ssn-6868

Duncan Nicol Ltd
Fresh Froz Pineapple Juice Fr Hawaii
400 Jackson. GA rfd-0655
Golden State Lemon Juice Co
36 Lafayette. MA rket-1567
Pearl-Gio Citrus Fruits & By-Products Co
524 Octavia. UN drhil-8228
Tea Garden Products Co 755 Sansome. GA rfd-0576

Fruit Juices-Manufacturing

Calderoni A C & Co
100% Pure Lemon & Orange Juices
By Products-Since 1897
731 Filbert. SU tter-9320
LEMON JUICE DISTRIBUTING CO
2797-16th. UN drhil-2643

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pointments-and they are mighty good
insurance against wasted time and travel-
ing expense.

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THAT CONTACT

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just the way to do it.

